

YTMSWIM LESSONS

We build strong kids, strong families, strong communities.

Parent-Child (6-36 months)

The Parent/Child class emphasizes water adjustment, parenting skills and water safety. Special attention is given to the varying developmental stages of this group. Goals for this program include the child's enjoyment and adjustment in and around the water, while instructing parents how to assist in the development of their children's future swimming skills.

Pre-School (3-5 years)

The preschool children work under the direct supervision of qualified instructors to learn basic swimming techniques, water safety, confidence in and around the water. Children will progress at his/her own pace. Classes are 30 minutes in length.

Progressive (6-12 years)

Progressive swim lessons develop the child toward student-centered learning. This 45 minute program offers personal safety, personal growth, stroke development, water games, sports and basic water rescue. Child should be aware of and follow pool rules. The instructor will develop the students technique and will introduce more strokes, as the child progresses.

Spring Sessions

Saturday classes: April 24—June 19 (8 lessons)

Parent/Child 6 months—2 years	9:00-9:30 am
2/3 year olds Perch	9:00-9:30 am
3/4 year olds Pike/Eel	9:30-10:00 am
4/5 year olds Ray/Starfish	10:00-10:30 am
6 to 9 year olds Polliwog I (beginner)	9:00-9:45 am
10 years & up Polliwog II (beginner)	9:30-10:15 am
6 years & up Guppy/Minnow (intermediate)	10:15-11:00 am

*No classes will be held on May 29th due to Memorial Day. Participants will be asked to come on Thursday, May 27th for water safety.

Tuesday classes: April 27—June 15 (8 lessons)

6 mos. to 3 years (Parent/child)	4:30-5:00 pm
3/4 year olds Pike/Eel	5:00-5:30 pm
4/5 year olds Ray/Starfish	5:30-6:00 pm

Thursday classes: April 29—June 17 (8 lessons)

6 mos. To 3 yrs. (Parent/child)	10:00-10:30 am
Polliwog I & II (6 & up)	5:15- 6:00 pm
Guppy/Minnow	4:30-5:15 pm

Times may be adjusted after the start of session
Classes may be added if needed

Fee: \$35. for members

\$70. for community participant

**Private lessons can be arranged for both members or community participants
See front desk staff for details**

If you have any questions concerning which level to place your child in, please contact **Barbara Wheatley, Aquatic Director at 410-901-9343**. The YMCA will hold makeup classes **only** for any class cancelled by the YMCA.