

## Dorchester County Family YMCA Pool Schedule June 15 thru August 21

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
5:30— 8:00	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes						
8:00— 9:00	Water Aerobics	3 Lap Lanes	Independent Water Walking	3 Lap Lanes	Water Aerobics	3 Lap Lanes	Independent Water Walking	3 Lap Lanes	Water Aerobics	3 Lap Lanes	Water Aerobics	3 Lap Lanes	Open @ 7 am	3 Lap Lanes		
9:00— 10:00	Arthritis Class		Water		Arthritis Class		Water Aerobics		Arthritis Class		Bay Watch Hopefuls		Arthritis Class		Swim lessons	
10:00— 11:00	Bay Watch Hopefuls		Open		DDU 11-12		Open		Open		Open		Open		Open	Family/ Open Swim
11:00— 1:00	Open															
1:00-2:30	Day Camp		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp		Day Camp	Open/ Rentals Close 4:30
2:30-3:30	CCS	Open	CCS	Open	Open	Open	Open/ Family Swim									
4:30-7:00	Swim Lessons	3 Lap Lanes	Swim Lessons	3 Lap Lanes	Swim Lessons	3 Lap Lanes	Swim Lessons	3 Lap Lanes	Open/ Family Swim	3 Lap Lanes	Close @ 7:30	Close @ 7:30	<b>The YMCA strives to maintain pool temperature at 83 degrees.</b>			
7:00— 8:30	Open	3 Lap Lanes	Open	3 Lap Lanes	Open	3 Lap Lanes	Open	3 Lap Lanes	Close @ 7:30	Close @ 7:30						

**The YMCA Aquatics Department reserves the right to make adjustments to the schedule.  
No Open Swim during water fitness classes, Day camp, CCS, DDU or swim lessons;  
Adult lap swimming ONLY during those times.**

**3  
Lap  
Lanes**