

Dorchester County Family YMCA Pool Schedule— August 22—October 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY	
5:30— 8:00	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes			
8:00— 9:00	Water Aerobics	3 Lap Lanes	Independent Water Exercise	3 Lap Lanes	Water Aerobics	3 Lap Lanes	Independent Water Exercise	3 Lap Lanes	Water Aerobics	3 Lap Lanes	7:00 Open	3 Lap Lanes	
9:00— 10:00	Arthritis Class		Water Aerobics		Arthritis Class		Water Aerobics		Arthritis Class				Swim lessons
10:00— 11:00	Bay Watch Hopefuls		CCS		Bay Watch Hopefuls		CCS		Bay Watch Hopefuls		3 Lap Lanes		
11:00— 1:00	Open		Open		DDU 11-12 Open 12-1		Open		Group Swim lessons Open			Family/ Open Swim	
1:00-3:00	Adult Swim	3 Lap Lanes	Adult Swim	3 Lap Lanes	Adult Swim	3 Lap Lanes	Adult Swim	3 Lap Lanes	Adult Swim	3 Lap Lanes	Open/ Rentals Close 4:30	3 Lap Lanes	
3:00-4:30	Open		Open		Open		Open		Open/ Family Swim				Family Swim/ rentals 1-4:30pm
4:30-6:30	Open		Swim Lessons		Open		Skills & Drills		Swim Lessons				
6:30-7:30	Open		Open		Open		Masters Swim 3-lanes		Open				Close @ 7:30
7:30— 8:30	Family Swim	Family Swim	Family Swim	3 Lap Lanes	Family Swim								

Special notes:

Winter swim team season begins Mid-September with evening practice on Mondays, Tuesdays & Thursdays, 6 - 7:45pm.

The YMCA strives to maintain pool temperature at 83 degrees.

The YMCA Aquatics Department reserves the right to make adjustments to the schedule.
No Open Swim during water fitness classes; masters swimming or swim lessons;
Adult lap swimming ONLY during those times.