

Dorchester County Family YMCA Pool Schedule— February 15—March 1

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
5:30— 8:00	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap Swim	6 Lap Lanes		
8:00— 9:00	Water Aerobics	3 Lap Lanes	Independent Water Walking	3 Lap Lanes	Water Aerobics	3 Lap Lanes	Independent Water Walking	3 Lap Lanes	Water Aerobics	3 Lap Lanes	7:00 Open	3 Lap Lanes
9:00— 10:00	Arthritis Class		Water Aerobics		Arthritis Class		Water Aerobics		Arthritis Class			
10:00— 11:00	Bay Watch Hopefuls	3 Lap Lanes	Open	3 Lap Lanes	Bay Watch Hopefuls	3 Lap Lanes	Swim Lessons	3 Lap Lanes	Bay Watch Hopefuls	3 Lap Lanes	Swim lessons	3 Lap Lanes
11:00— 1:00	Open		11-12 Open Bible		Open		11-12 Open Bible		Open		12-1 Open	
1:00-3:00	Adult swim		Adult		Adult		Adult		Adult Swim			Family Swim/ rentals 1-4:30pm
3:00-5:00	2-3 lap	CSD Swim team Practice 3 lanes	2-3 lap	CSD Swim team Practice 3 lanes	2-3 lap	CSD Swim team Practice 3 lanes	2-3 lap	CSD Swim team Practice 3 lanes	Open/ Family Swim	3 Lap Lanes	Open/ Rentals Close 4:30	3 Lap Lanes
5:00-6:00	Open	3 Lap Lanes	Swim Lessons 4:30 –6	3 Lap Lanes	Open	Skills & Drills 5-6:30	Swim Lessons 4:30-6	3 Lap Lanes	Close @ 7:30	Close @ 7:30	The YMCA strives to maintain pool temperature at	
6:00-7:30		Y swim team practice	Open	Y swim team practice		Masters 3/4 lanes	Water Aerobics 7-7:45	Y swim team practice				
7:30– 8:30	Open/ Family Swim	3 Lap Lanes	Open/ Family Swim	3 Lap Lanes	Open/Family Swim	3 Lap Lanes	Open/ Family Swim	3 Lap Lanes				

The YMCA Aquatics Department reserves the right to make adjustments to the schedule.

No Open Swim during water fitness classes or swim lessons;

Adult lap swimming ONLY during those times.