

Dorchester County Family YMCA Pool Schedule– August 25-September 30

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
5:30— 8:00	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap	6 Lap Lanes	Adult Lap Swim	6 Lap Lanes		
8:00— 9:00	Water Aerobics	3 Lap Lanes	Independent Water Walking	3 Lap Lanes	Water Aerobics	3 Lap Lanes	Independent Water Walking	3 Lap Lanes	Water Aerobics	3 Lap Lanes	7:00 Open	3 Lap Lanes
9:00— 10:00	Arthritis Class		Water Aerobics		Arthritis Class		Water Aerobics		Arthritis Class			
10:00— 11:00	Bay Watch Hopefuls	3 Lap Lanes	Swim Lessons	3 Lap Lanes	Bay Watch Hopefuls	3 Lap Lanes	Swim Lessons	3 Lap Lanes	Bay Watch Hopefuls	3 Lap Lanes	Swim lessons	3 Lap Lanes
11:00— 1:00	Open		Open		DDU 11-12 Open 12-1		Open		Open			
1:00-3:00	Adult swim	3 Lap Lanes	Adult swim	3 Lap Lanes	Adult swim	3 Lap Lanes	Adult swim	3 Lap Lanes	Adult Swim	3 Lap Lanes	Open/Rentals Close 4:30	3 Lap Lanes
3:00-4:30	Open		Open		Open		Open		Open			
4:30-6:00	Open	3 Lap Lanes	Swim lessons	3 Lap Lanes	Open	3 Lap Lanes	Swim Lessons	3 Lap Lanes	Close @ 7:30	Close @ 7:30	The YMCA strives to maintain pool temperature at	3 Lap Lanes
6:00-7:30			Open				Open					
7:30– 8:30	Open/Family Swim	3 Lap Lanes	Open/Family	3 Lap Lanes	Open/Family Swim	3 Lap Lanes	Open/Family Swim	3 Lap Lanes				

Lap swimmers alert:
YMCA Swim team practice will begin in late September, so please be aware of the changes to our schedule and the limited space.

The YMCA Aquatics Department reserves the right to make adjustments to the schedule.
No Open Swim during water fitness classes or swim lessons;
Adult lap swimming ONLY during those times.